

# What We Need

Below is a list of personal hygiene, and household care items that some families may have difficulty obtaining. These items are essential for daily living but can be costly for families with limited resources.

**Hello, Jean!**'s distribution of these items can make a significant difference in the lives of those in need. Providing access to these health, hygiene, and cleaning supplies helps families maintain basic personal and household cleanliness, supporting their overall well-being.



## Hello, Jean!

## Donate Items

You can help **Hello, Jean!** care for local families in need by donating items from the list below. Please note that we do not accept opened or damaged items, expired items, used items, food or clothing.

### Health & Personal Care

- Shampoo and Conditioner
- Body Wash
- Deodorant
- Feminine Hygiene Products
- Toothpaste & Toothbrushes
- Mouthwash (alcohol-free)
- Shaving Cream and Razors
- Diapers (infant, toddler, and adult)
- Wipes (baby & adult)
- Baby Shampoo, Wash, Oil & Powder
- Toilet Paper
- Facial Tissues
- Hand Soap & Hand Sanitizer
- Cotton Balls & Swabs
- Band-Aids & First-Aid Supplies
- Lip Balm
- Sunscreen

### Household Care

- All-Purpose Cleaner
- Bathroom & Toilet Bowl Cleaner
- Pine Sol & Floor Cleaner
- Oven Cleaner
- Window Cleaner
- Dish Soap
- Laundry Detergent
- Dryer Sheets
- Bleach
- Fabric Softener
- Disinfecting Wipes & Spray
- Sponges and Scrub Pads/Brushes
- Broom and Dustpan
- Swiffer Dusters
- Mops and Mop Refills
- Trash Bags (large & small)
- Paper Towels

## Donate Gift Cards or \$\$

For as little as \$10 per month, **Hello, Jean!** can create and deliver a package of items to families in need. We use donated funds as well as gift cards to grocery stores, big box stores, and dollar stores to purchase needed items. Visit our website at [www.hellojean.org](http://www.hellojean.org) to donate.