

# What We Need

Below is a list of health, hygiene, and household care items that low-income families may have difficulty obtaining. These items are essential for daily living but can be costly for families with limited resources. **Hello, Jean!**'s distribution of these items can make a significant difference in the lives of those in need. Providing access to these health, hygiene, and cleaning supplies helps families maintain basic personal and household cleanliness, supporting their overall well-being.



## Hello, Jean!

## Donate Items

You can help **Hello, Jean!** care for local families in need by donating items from the list below. Please note that we do not accept opened or damaged items, expired items, used items, food or clothing.

### Health & Personal Care

- ☐ Toothpaste
- ☐ Toothbrushes
- ☐ Shampoo and Conditioner
- ☐ Bar Soap and Body Wash
- ☐ Deodorant
- ☐ Feminine Hygiene Products
- ☐ Shaving Cream and Razors
- ☐ Diapers (infant, toddler, and adult)
- ☐ Wipes (baby & adult)
- ☐ Toilet Paper
- ☐ Facial Tissues
- ☐ Hand Sanitizer
- ☐ Cotton Balls & Swabs
- ☐ Band-Aids & First-Aid Supplies
- ☐ Lip Balm
- ☐ Sunscreen
- ☐ Baby Oil & Moisturizers

### Household Care

- ☐ All-Purpose Cleaner
- ☐ Dish Soap
- ☐ Laundry Detergent & Dryer Sheets
- ☐ Bleach
- ☐ Fabric Softener
- ☐ Disinfecting Wipes
- ☐ Glass Cleaner
- ☐ Sponges and Scrub Brushes
- ☐ Broom and Dustpan
- ☐ Mops and Mop Refills
- ☐ Trash Bags (large & small)
- ☐ Toilet Bowl Cleaner
- ☐ Pine Sol & Floor Cleaner
- ☐ Oven Cleaner
- ☐ Window Cleaner
- ☐ Paper Towels
- ☐ Sponges & Scrub Pads

## Donate Gift Cards or \$\$

For as little as \$10 per month, **Hello, Jean!** can create and deliver a package of items to families in need. We use donated funds as well as gift cards to grocery stores, big box stores, and dollar stores to purchase needed items. Visit our website at [www.hellojean.org](http://www.hellojean.org) to donate.